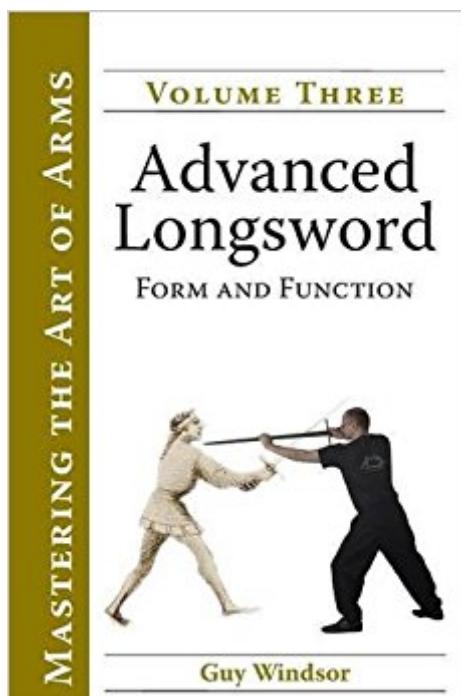


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# Advanced Longsword: Form And Function



## Synopsis

This book builds on the foundation laid in The Medieval Longsword, and teaches you how to train Fiore dei Liberi's Art of Arms, as shown in his 1410 manuscript Il Fior di Battaglia. Renowned swordsman and author Guy Windsor explains three of the longsword forms that are used every day in The School of European Swordsmanship: "The Cutting Drill", "The Farfalla di Ferro", and "The Longsword Syllabus Form". Each form is explained step by step and application by application, with abundant photographs and images from Fiore's manuscript. Guy takes you through each step first as a pair drill, then as part of the form, then as a starting point for further training, or for further research into Il Fior di Battaglia. Within these pages you will find in-depth instructions and analysis, dozens of tips for how to improve your skills, and enough material for years of study. Guy Windsor has been training martial arts for 30 years, and teaching professionally since he founded The School of European Swordsmanship in 2001. The School has branches and study groups all over the world. Guy's other books include The Swordsman's Companion, The Duellist's Companion, Veni Vidi Vici, Mastering the Art of Arms volume 1: The Medieval Dagger, and Mastering the Art of Arms volume 2: The Medieval Longsword. You can find him online at [guywindsor.com](http://guywindsor.com), and on Facebook and Twitter.

## Book Information

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## Customer Reviews

Worth every penny for the serious student of swordplay or the avid reader of martial arts literature.

Wonderfully written, very informative. I will be implementing many of the drills discussed in this title

in the classes I teach.

Excellent material as always from Windsor.

Nice.

must have!

Don't laugh, when they invent one you will need techniques to use it, and what could be closer or more useful than the real techniques of real knights? There is even a picture of a toy light saber in the book. Disclosure: I got a free copy but decided to buy it anyway. It has a very interesting information in the use of Forms in order to train in the martial arts. A small part on the poleax. Also an interesting bit of information in how to kick. The most unusual is probably the section in using sharps, yes very long pieces of sharpened steel that can cut people in half, and believe me it really makes a difference. I believe that is almost magical the way in which from a forgotten source Guy Windsor and others are bringing back to life part of our heritage. Yes, you should purchase and study the previous book, but believe me this one is worth the price. I am giving it 5 stars but it deserves less, because the marketing is very incomplete. Guy Windsor is giving for free in his website a ton of videos and information that are really helpful, and that most people would market for extra money. Or perhaps it deserves more stars? The Farfalla de Ferro for example is a beautiful flow exercise that is explained here, and you can see a very well done instructional video of it. Also the form created for the practice of the longsword deserves mention. You like swords? I am doing sport fencing in a place in which finding french epees is considered weird, but I find this stuff fascinating, and hope to keep learning and one day be a swordplayer. What is your dream? Peter A Sword Nerd

All of Guy Windsors material is great. Definite must have if you are studying Medieval combat.

This is the longsword book you've been waiting for. Building on the foundation of the two earlier books in the "Mastering the Art of Arms" series, Guy Windsor dives deeply into the cutting drill and syllabus form used by his School of European Swordmanship, including applications. There's a wealth of nuance and context, and Guy adeptly targets the details that a reader with a few years' experience will want the most. As always, Guy's writing is clear and concise and approachable; he

presents complex concepts and techniques with skill and grace. The book also includes a section on training with sharp swords. This is fascinating reading, but for me at least this will remain an academic curiosity for the foreseeable future. Perhaps in a few more years I'll be ready for this step, but today that's a bit too "advanced" for me. Summary: Well worth the cover price just for the syllabus form alone. If you have a longsword in your life, what are you waiting for?

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